



Wilderness Survival Test

(January 2014)

1. Describe the priorities for survival in the back country.

2. How would you avoid panic & maintain morale if lost?

3. Describe symptoms & first aid for the following:
 - a. Hypothermia –
 - b. Heat stroke –
 - c. Heat exhaustion –
 - d. Frostbite –
 - e. Stings & ticks –
 - f. Snakebite –
 - g. Blisters –

4. How would you survive the following environments:
 - a. Cold & snowy –
 - b. Wet forest –
 - c. Hot dry desert –
 - d. Windy mountain –
 - e. Ocean –

5. List contents of a survival kit; describe use of each item:

ITEM

USE

6. How would you start fires other than by using matches?

7.

a. Tell five ways to attract attention when lost.

b. What are five ground-to-air signals?

8. Build an improvised shelter.

9. Spend a night in your shelter.

10. How do you protect against:

a. Insects –

b. Poisonous snakes –

c. Rodents –

d. Bears –

11. Describe three ways to purify water.

12. Describe clothing for:

a. Very hot weather –

b. Very cold weather –

13. Why isn't it wise to eat foraged wild plants and animals in a wilderness survival situation?

